

Law Guidance Card

Youth & Senior
2004 - 2005

A quick reference to the laws of the game.



Lower age band (U14)

Matches are played to the RFU boys U14 Laws apart from the modifications below.

- 25 minute halves (No extra time is permitted in any match except that added for injuries.)
- size 4 ball
- 12 a side (however, can aim to match lower numbers where necessary.)
- uncontested scrums
- no wheeling the scrum
- lifting and support in lineouts is prohibited
- substitutes may replace injured players

For clarification:

- hand off is permitted
- fly hacking is permitted (where not dangerous.)

Upper age band (U17)

This age band takes into account U15's, U16's and U17's. Players who are aged 17 on 1st September should normally move up to adult rugby but may elect to remain in the U17 age band but this must be approved by the RFUW. (Only two overage players from each side may be allowed on the pitch at any time.)

Matches are played to the RFU boys U17 laws (as detailed under U19 variations).

Key points are:

- 35 minute halves
- size 5 ball
- 1.5m push only in scrum
- no wheeling beyond 45 degrees

Teams may use any number of substitutions or replacements by mutual agreement between coaches.

A player who has been substituted may replace an injured player.

Senior Variations

Premier 1, 2 and National Challenge 1 play in accordance with current IRB laws (www.irb.com).

Challenge 2 and below play in accordance with current IRB laws apart from the following variations:

- 35 minute halves
- 1.5m push only in scrum
- no wheeling beyond 45 degrees
- substitutes can replace injured players
- all matches can be played with reduced numbers to encourage games to take place (i.e. 15, 12, 10 a side)

U7 to U12 age grades

The playing regulations for these age grades are detailed in the RFU/RFUW's Rugby Continuum that can be found on the RFU's web site in Section 6 (U19 Variations) of the Rugby Continuum under 'Officiating'.

Laws of the Game
are available in the
RFUW Handbook



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Website Links

www.rfu.com/rfuw.htm

Juniors

*Laws of Play and Variations under the
'Youth' section of 'Women's Rugby'.*

Seniors

*Senior Rules and Regulations under the
'Resources' section of 'Women's Rugby'.*